

Camping Packing List

The following is a list of equipment that you may find helpful to bring, although it is not necessarily a complete list. Remember that we will be visiting a wide range of elevations and ecologies. Days can be hot and nights cold. The sun can be intense on tender skin.

Perhaps the best way to prepare for wide temperature ranges is to have layers of clothing available: light (tee shirts, shorts), medium (sweaters), heavy (down vests), and an outer weather shell (raincoat, windbreak).

We do not expect any really harsh weather at this time of year. However, there is always a chance that we may encounter weather that is too cold or stormy to camp comfortably. There are motels within a reasonable distance to the campground should the need arise.

- gps and state road map for out of cell coverage areas
- tent
- sleeping bag & ground cloth/tarp
- camp stove if you are preparing your own meals
- cooler
- water jugs, for hikes and walks, and at campground (not all the campgrounds have water)
- matches/flint stick
- flashlight
- food -snacks & lunches will always be on your own
- cooking & eating utensils
- biodegradable toiletries & natural bug spray
- sunscreen & hat
- camera
- notebook, pen & tape
- lawn chair (optional), the ground gets cold at night
- musical instruments, drums, poetry, songs & stories
- extra pair of dry shoes & sandals & bathing suit (optional)

We will be harvesting wild plants & flower essences.

If you are interested in collecting plants when it is ecologically possible, these supplies can be useful:

- paper bags
- string
- large book (for pressing specimens)
- scissors
- grain alcohol, brandy (for flower essences), vinegar and oil
- quart or pint canning jars, recycled jars and small food jars
- clear glass bowl (with no writing on it) to make flower essences
- small shovel (nurseryman)
- twig or pruning snips, hand trowel
- labels